

JANUARY 2024 NEWSLETTER

CASA for Children of Klamath County



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CASA
Court Appointed Special Advocates
FOR CHILDREN

CASA FOR CHILDREN OF KLAMATH COUNTY



A NOTE FROM OUR DIRECTOR

Happy New Year!

I hope you all had a wonderful and relaxing holiday season with the people you love most. As we enter 2024, we have chosen to focus on setting personal goals, mental health, well-being, and maintaining boundaries. One of the many lessons I learned in 2023 is the importance of self-care and boundaries, especially as we advocate for others.

As many of you know, I lost my mother this year and I want to thank you all for the grace and understanding you have given me as I navigate the grief in her absence. You really are an extended family and all of your words of encouragement to my family were so impactful.

This year also brought the loss of the founder of CASA, Judge David Soukup. He was a staunch champion for the children we serve and he will be dearly missed. Thanks to you, his critical work lives on.

On a happier note, this year's renewed Gifts for the Child was a huge success due to so many generous donors. We distributed over 300 gifts and assisted many at-risk families. The CASA elves (and volunteers and staff) did a bang up job!

One of our program goals for 2024 is to add 10-15 new advocates as we are still recovering from the effects of COVID-19 and longtime volunteers retiring. We are hoping we can capitalize on the amazing work you all do to attract new advocates. Word of mouth continues to be one of our best recruiting tools.

Our next training block will begin Tuesday, February 6th. As always, please spread the word!

As you may have heard, CASAblanca will be Saturday, May 4th this year. Please mark your calendars! We will have plenty of opportunities for you to assist in the coming months, if you're interested.

I want to give a big shout out to Dana, Nancy, Kami, and the CASA Board of Directors for the amazing work they do to make our program and your volunteer experience the best it can be.

As you raise your glasses and toast the New Year, just know how much we appreciate all that you do for our program and the children we serve. It truly does take just one person to make a positive change in a child's life, so thank you.

The CASA Office will reopen on Tuesday, January 2nd so please don't be a stranger! Cheers,

Kami Mirandé

MAY
4
2024

THE 6TH ANNUAL
CASABLANCA
GALA



EDUCATIONAL RESOURCES



Obituaries

*King County Judge Who Advocated for Children in Courtroom Dies at 90**

David Soukup, creator of CASA, died on December 16th, just one day after turning 90.

Articles

- *DHS Offers Record \$40 Million To Settle Lawsuit From Abused Foster Children**
By Ben Botkin, Oregon Capital Chronicle
- *5 Science-Based Strategies For Nailing Your New Year's Resolutions**
By Katy Milkman, CNN
- *9 Mental-Health Resolutions for 2024, According to Therapists**
By Angela Haupt, TIME
- *Map It Out: Setting Boundaries For Your Well-Being**
By Rich Oswald, L.P.C., Mayo Clinic
- *4 Steps to Goal Setting for Kids**
By Bonnie Terry, Scholar Within

Videos

- *Why Is It So Hard to Keep Our New Year's Resolutions?**
By Devin Hahn, Boston University

Workshops

- *Supporting Neurodiverse Children and Youth (Challenging Behaviors) - Part 1**
Ce Eshelman, LMFT
- *Shielding Your Well-Being: Post-Traumatic Growth**
Office of Juvenile Justice and Delinquency Prevention (OJJDP)

*Clickable Link

IMPORTANT DATES

January

- Mentoring Month
- Slavery and Human Trafficking Prevention Month
- 1/1 New Year's Day
- 1/10 Supporting Neurodiverse Children and Youth Workshop
- 1/15 Martin Luther King Jr. Day
- 1/17 Racial Day of Healing
- 1/23 Shielding Your Well-Being: Post-Traumatic Growth Workshop



541.885.6017

klamathfallscasa.org



Please remember to track your educational hours on Optima.