

DECEMBER 2023 NEWSLETTER

CASA for Children of Klamath County

BRIEF CONTENTS

- 01 A NOTE FROM OUR EXECUTIVE DIRECTOR
- 02 CONTINUED EDUCATION OPPORTUNITIES
- 03 GIFTS FOR THE CHILD
- 04 ELF-ESTEEM WORKSHOP
- 05 EDUCATIONAL RESOURCES FOR CASAs
- IMPORTANT DATES
- DECEMBER BIRTHDAYS



A NOTE FROM OUR DIRECTOR

Happy December!

Winter has certainly set in and we hope you are bundling up and enjoying the beauty that it brings!

We can't believe 2023 is already coming to an end. We have a ton of activities centered around the children this month.

Breakfast with Santa, hosted by DHS, will be on December 9th. The location this year has been changed to Hope Community Center.

Gifts for the Child will be held on December 13th and 14th at the CASA Office. Come in and shop for your CASA kiddo(s) and the children in their foster home. Volunteers will be available to wrap your gifts and we'll also have some festive treats to share! If you or anyone you know wants to donate new, unwrapped gifts for ages 0-18 to be gifted this holiday season, please give us a call at (541) 885-6017.

If you're in the festive, giving spirit, please let us know if you would like to volunteer for either of the activities listed above.

Our next training session begins on February 6th, 2024. Do you know anyone who would like to make volunteering a part of their New Year's resolution? Send them our way! CASA is in need of more volunteers so we can provide the best advocacy possible.

The 2024 CASAblanca Gala will be held May 4th due to the Fairgrounds' schedule. We are currently accepting sponsorships for this event and will be sending out more details in early 2024.

During this season of gratitude, we have a few very important **thank yous** to dole out. First, we want to thank the Oregon Tech Nursing students who will be donating books for our CASA children. Thank you to KLAD and Wynne Broadcasting for helping fulfill Christmas wish-lists this year. Thank you to NewsWatch 12, Grange Co-op, and UScellular for launching a toy drive for CASA.

Thanks to Sky Lakes and Vector Energy, we have funds available in our CASA Kid Fund. If your child needs winter clothes or wants to be involved in extracurricular activities this winter, please fill out a CASA

Kid Fund request form and we will do our best to fulfill it. These incredible sponsors, along with so many private donors, will help us make the holidays a special time for the children we serve.

And last, but most certainly not least, THANK YOU! We can't say this enough: you all are the HEART of our organization and we could not provide our advocacy without you! We are so grateful that you continue to choose to be a part of this community dedicated to making children's lives a little brighter. We hope to see you all in the office in the next few weeks.

Merry Christmas and Happy Holidays,

Kari Nancy Dana Karri

CASA BOARD OF DIRECTORS

Jeanette Rutherford, *Chair*

Jay Otero, *Vice Chair*

Pat Baldini, *Treasurer*

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Andrea Jensen

Noel Kersey

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Justin Rodriguez



Ce Eshelman's Schedule of Classes through June 2024!



Register for all classes [here!](https://www.surveymonkey.com/r/CE_2023-2024)

https://www.surveymonkey.com/r/CE_2023-2024

For registration assistance by phone, call 530.918.7222.



A Schedule of Classes with Ce Eshelman, LMFT

Attachment and Trauma Specialist and adoptive mom with a private practice, The Attach Place, in Sacramento. She is the facilitator of *The Love Matters Parenting Society*, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com

August 2023
to
June 2024

These classes are for parents, educators, caregivers, and all who work with and have children in their lives.

Date All classes are on the 1 st Wednesday (except Jan 10 th) from 2:45-5:00pm	Class Title
August 2 nd	Back to School Anxiety — Tackle the Anxiety Traps
September 6 th	Helping Kids Crush Anxiety: Bringing Sunshine to Dark Corners
October 4 th	Parents — Tame Your Triggers — Part 1
November 1 st	Parents — Tame Your Triggers — Part 2
December 6 th	The Healing Art of Showing Up— for Your Children, Yourself, and others
*January 10 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 1
February 7 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 2
March 6 th	Stop Yelling 101
April 3 rd	Advanced Stop Yelling 201
May 1 st	Girls and Boys on the Edge — Part 1
June 5 th	Girls and Boys on the Edge — Part 2
Date Evening Classes with Ce All 2 nd Tuesday from 6:15-7:30pm	Class Title
September 12 th	Life's Challenges Through the Eyes of A Child
October 9 th November 14 th December 12 th January 9 th February 13 th March 12 th	Teen Whisperer series for Parents of Teens

These partners are working together to bring these high-quality educational opportunities to participants at no cost.



Gifts for the Child

Stop by and “shop” for your CASA kiddo(s)!

December 13 & 14

CASA for Children of Klamath County
731 Main Street, Suite #202
541.885.6017 | klamathfallscasa.org



Elf-Esteem Workshop

FREE!

Grief and Coping Skills
Workshop for Ages 6-17

Dec. 19, 2023
5:30 p.m. – 7:45 p.m.

Klamath Hospice & Palliative Care
2751 Washburn Way
Klamath Falls, Oregon

Bring a photo of your loved one or pet for a memorial craft.

Space is limited.

Interested in joining?

Contact Emily at 541-882-2902

Presented by:



EDUCATIONAL RESOURCES

Workshops

- [The Healing Art of Showing Up - For Your Children, Yourself, and Others*](#)
Ce Eshelman, LMFT
- [Elf-Esteem Workshop](#)
Klamath Hospice & Palliative Care

Articles

- [How to Set, and Achieve, Your Life Goals*](#)
By Tchiki Davis, Ph.D.

Books

- [Anna and Other Stories](#)
By Richard A. DeVore
- [A Christmas Memory](#)
By Richard Paul Evans
- [The Polar Express](#)
By Chris Van Allsburg
- [The Night Before Christmas](#)
By Clement Moore
- [The Story of Hanukkah](#)
By David A. Adler
- [The Autobiography of Santa Claus](#)
By Jeff Guinn

*Clickable Link

Please remember to track your educational hours on Optima.

IMPORTANT DATES

December

- Human Rights Month
- National Giving Month
- National Safe Toys and Gifts Month
- 12/1 Gifts for the Child Collection Continues
- 12/7 Snowflake Festival Parade
- 12/8 Hanukkah Begins
- 12/9 Breakfast with Santa
- 12/13-14 Gifts for the Child
- 12/18-1/1 CASA Office Closed
- 12/25 Christmas
- 12/26 Kwanzaa

DECEMBER BIRTHDAYS

- 12/4 Nellie Spicher
- 12/30 Jane Spangler



541.885.6017

klamathfallscasa.org

